



MTMS Counseling Program 2022-23

Services to Students

- Lessons, delivered and/or designed by counselors, that support each student's social-emotional, academic and career development
- Small counseling groups that offer additional skill-building and care to students as needed
- Facilitation and/or coordination of racial affinity groups, Gender & Sexuality Alliance (GSA) and other supports for historically underserved groups of students
- One-on-one short-term, solution-focused counseling as well as referrals to outside therapy and other community resources as needed
- Responsive services and crisis intervention
- Coordination of academic, behavioral, and mental health supports, as well as [504 Plans](#)
- Schoolwide events, information and programs, such as the [WEB \(Where Everyone Belongs\)](#) program for 6th graders
- Support for transitions in and out of middle school

Services to Families, Parents, Guardians and Caregivers

- Consultation, coordination at school site, and information and referral regarding student needs
- Periodic parent education and conversation groups
- Information and referral for basic needs (food, shelter, health care) and mental health needs, in coordination with our school social worker

Services to Staff & School Community

- Participation in school committees
- Consultation with teachers regarding concerns about students and follow-up interventions
- Presentations to staff around a variety of topics: student data and needs, social-emotional learning, personal wellness, student mental health, and more

How to Reach Us

By Email or direct confidential phone line:

Michael Cady Russel (7th grade):
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(503) 916-5646 x70765

Hilary Smith (8th grade):
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(503) 916-5646 x70776

Emory Oeding (6th grade):
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Students: [click this link to request counselor support](#) or go to the MTMS website and click on the "Contact your counselor" quick link

*Use the camera APP on your device to access a digital version of this
MTMS Counseling Program Sheet*

